Lesson: Concept of Resource Efficient and Cleaner Production

Activity: Self-evaluation for the concept 3Rs and monthly plan for the household 3RsSelf-evaluation for the concept 3Rs

Template: Survey for self-evaluation and following of the principle 3Rs

----

Instructions:

We all consume products that often require raw materials and energy to be created and which generate waste when we are finished with them. These modern habits are so incorporated into our daily lives, and they are eliminated so quickly, that they hardly register in our minds.

The questions below refer to our daily habits for caring for the environment, and following the principle of 3 R. When you answer these, you need to be honest.

When you finish filling in the charts, the answers of the first four questions need to be copied in the suitable columns in the chart given as annex to this document, titled "Monthly plan for 3 R". that way you will have a monthly plan, or a reminder for realization that later can be updated.

The answers of fifth and sixth question can help you as your own personal evaluation, as well as a plan for shopping on a weekly/monthly level.

1. Look in the bin next to you or near you and see what of the packaging types there could or could not be recycled.

Products with packaging that can be recycled:	Products with packaging that cannot be recycled:

2. Do you have flowers, or maybe vegetables/fruits in your home? Fill in what would you like to have in your small garden.

Do you have flowers, or maybe vegetables/fruits in your home?	What would you like to have in your small garden?

3. Were you in nature in the last month? In the left column mark with Yes or No, and on the other side of the chart mark the places that you would try to visit in near future.

Were you in nature in the last month:	Places that you would like and try to visit:

4. Find a movie with content linked to climate changes, waste, recycling and similar and fill it in the chart below:

Movie title:

5. Remind yourself whether you bought some clothes this month, and mark suitably. Was this necessary?

Clothes bought (name, term…):	Was this necessary?

6. Make a weekly plan and get groceries according to the list you made.

Product type/name:	Amount:	Available in bulk: Yes/ No